

VIOLIN SCALES

for the
BEGINNING
VIOLINIST

HEATHER
KAYE



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Thankful for

The violin guiding me to enlightened beings in human bodies
 all my teachers
 all my students

The violin guiding me to countries all over the world
 technology
 my openness to learning
 every past, present and future performance
 the violin being my sage
 healing power of music
 &
 you

I am thankful for you.

Praise

“I know Heather Kaye to be an excellent violinist who has a great deal to offer as a unique violin pedagogue. I have had the pleasure of hearing her in concert and as a member of the orchestras that I have conducted.



I highly recommend her books and courses to anyone who has a serious interest in gaining her insights into the world of violin playing.”

Philip Greenburg

Conductor, USA

Hi, I am Heather Kaye

Violinist, educator, composer, entrepreneur, vibrational healer sparkled with a joie de vivre dedicated to aligning you to the violinist you most want to be.

An American violinist, born and raised Wisconsinite imprinted with an intense love for music, guided by heart and a passion for performing, teaching and composition.

The violin has been the open door in my life to amazing people and different cultures. After performing ten years overseas inspiring me to transition my in person studio to an online studio, I am proud to say that I have touched and taught over a million violinists globally.

Through my award-winning online violin education blog, **innovative online training academies, over 20 violin exercise books** and an audience in 50 countries, I help violinists like you break down difficult techniques and confidently play musically with freedom of self expression - all with gorgeous tone. Your violin journey dreams backed up with practice organization and meaningful action to create results.



I firmly believe that we are the instrument to the instrument. You have to bring your whole self into picture for a thriving violin journey. Studying the violin is in essence getting to know more about yourself and you can choose to do that in a loving or not so loving way. Perfectionism may work at first but will lead to burnout-ville. Believe me, I know firsthand.

Balance is key and a violin journey without self acceptance, nurture and love is a violin journey that will eventually break.

Most importantly, I believe that no matter what are your dreams or obstacles, you have the power to change your violin journey and, by doing so, you'll most likely change your life. Coming into alignment with who you truly are is key to a thriving violin journey...**perhaps it may not go in a direction of your design but it may go in a direction of Divine design.**

Every day for me is a day of self exploration and vibrational healing, I am constantly expanding my own ideas about what it means to live a fully creative and meaningful life. I'm dedicated to creation.

My studio is built on a foundation of love, a passion for technique and a commitment to your potential.

Through my free content, paid online training academies, violin method books — I'm optimizing your violin journey. To help you excel and align to your infinitely brilliant inner divine, building a violin journey with which you are truly in love, custom designed from your own unique talent.

Whether you're an absolute newbie, professional violinist with your own teaching studio or simply a violinist looking for breakthroughs in your violin journey, I'm here to guide you to the highest levels of your creative potential and align you to the deepest source within you.

How to Use

- “Violin Scales for the Beginning Violinist” is written in a specific order to encourage proper left hand set up. It is imperative to take this book in order.
- Check your left hand for proper posture before starting. Check that you have a nice straight wrist and your palm is facing the fingerboard.
- Make sure your fingers come down rounded and strong.
- Focus in on the pitch that you are playing and always think your note names.
- As soon as you hear an out of tune note STOP!
- Always practice these exercises with a metronome. If you don't own a metronome, there are plenty of metronome apps available for free or check out [_](#).
- While playing through the entire book, take notes of which fingers are more challenging for you and create your own mini exercise routine with challenging fingers only.

Study Tips

- Know the Key Signature of the Scale you are practicing.
- Think your note names while you play them. Say them out loud while playing if necessary.
- Always know where your half steps and whole steps occur.
- Focus and listen to every pitch. Don't allow yourself to play an out of tune note.
- Double check your pitches with open strings and/or a tuner. Read [“Every Pitch a Pearl”](#) blog post.
- Listen that every pitch has gorgeous tone.
- Read Online violin Education's, [“How to Play Beginner Violin Scales”](#) blog post.
- Record yourself and play back.
- Always practice with fabulous posture.
- When the brain fog sets in take a break.

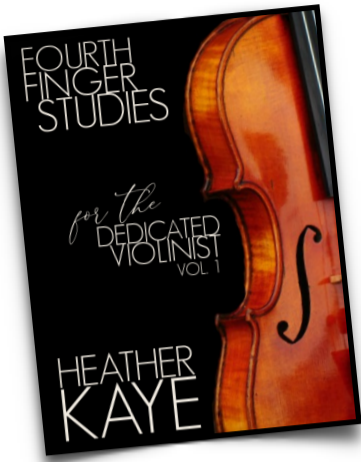


Tips to Stay on Track

- Block out time in your calendar to practice and mark yourself BUSY.
- Turn your phone off during practice.
- Use a timer.
- Use a practice journal and journal the days you practiced with the time amount, what went well, what didn't go so well and what are the three things you will be focusing on in the next practice session.
- Join the [study group](#) and report in your practice session.



Work with Heather



Heather Kaye Books range from intense focus on scale work to 52 Violin Proficiency Exercises. Have issues with your fourth finger? Check out the Fourth Finger Fitness series available in varying positions. Need help with positions? Learn the violin like a grid with Master the Positions series! All books can be purchased separately but why not enroll in an Academy and get the corresponding books for free!

The Video Exchange - Studying violin with Heather via The Video Exchange is ideal for violinists who want immediate feedback at a fraction of the cost of private sessions. Joining The Video Exchange may be just what you need to unlock hidden potential and help you progress out of a plateau. Excellent for technique check-ins and tune-ups.



Heather Kaye Academies housed at Heather Kaye Violin Studio www.heatherkayeviolin.com/academies are perfect for violinists looking to supplement their violin journey with video training, tutorials, exercises and live workshops (when offered) all designed specifically for the fastest progress in the shortest amount of time.

The four online academies are:

- [Mastering Fundamentals Academy](#)
- [Violin Technique Academy](#)
- [Position Mastery Academy](#)
- [Gorgeous Tone Academy](#)

Each Academy enrollment is offered once a year to ensure every violinist receives royal treatment when joining the studio, creating an experience where each new “class” of violinists are warmly received, supported, and guided to all that Heather Kaye’s Violin Studio has to offer.



To receive Heather’s current studio schedule, please register here.

Private Sessions with Heather Kaye is where you will most likely find the biggest impact on your violin journey in the shortest amount of time so if you are looking for fast track progress, this is your place. These sessions are SUPER powerful when combined with Academy training.

All 60 minute private online violin lessons are held via zoom We can do weekly or bi-weekly sessions or perhaps you just want to block out four sessions before an upcoming recital or orchestra concert.

Sharing documents is super easy via dropbox and sessions notes are written in an easily accessible google doc. All sessions are recorded so you can replay as many times as you wish in between sessions.

We work tone, technique, developing muscle memory in a relaxed state of playing with an intellectual, everything is figure-outable approach. If this sounds like something you may be interested in, schedule a one time kick off session and plan on playing 5 minutes of your favorite piece and a two or three octave scale based on your playing level.

You can schedule your session(s) here.



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A Major Scale

Heather Kaye

$\text{♩} = 80$

17

32

40

47

55

59

63

67

69

71

73

Walking

Heather Kaye

♩ = 80

Musical score for 'Walking' in G major (one sharp) and 4/4 time. The score consists of seven staves of music. The first staff starts with a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The tempo is marked as ♩ = 80. The music features a steady eighth-note pattern. Fingerings are indicated by numbers 0, 4, and 4 above the notes. The piece concludes with a double bar line and a final whole note.

Broken Thirds

♩ = 80

Musical score for 'Broken Thirds' in G major (one sharp) and 4/4 time. The score consists of six staves of music. The first staff starts with a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The tempo is marked as ♩ = 80. The music features a steady eighth-note pattern. Fingerings are indicated by numbers 4 and 0 above the notes. The piece concludes with a double bar line and a final whole note.

Skipping

Heather Kaye

♩=80

The musical score for "Skipping" is written in treble clef, 4/4 time, and the key of D major (indicated by two sharps). The tempo is marked as ♩=80. The piece consists of 12 staves of music. Each staff begins with a repeat sign. The notes are eighth notes, and the rhythm is consistent throughout. Fingerings are indicated by the numbers 4 and 0 above the notes. The piece concludes with a final whole note on the 12th staff.

Broken Third Challenge

Heather Kaye

♩ = 80

Violin sheet music for "Broken Third Challenge" by Heather Kaye. The score is in treble clef with a key signature of three sharps (F#, C#, G#) and a 4/4 time signature. It consists of 13 staves of music. The piece begins with a repeat sign and a 4/4 time signature. The music features a mix of eighth and sixteenth notes, often beamed together. Fingerings are indicated by numbers 0, 4, and 5 above the notes. The piece concludes with a repeat sign and a change to a 2/4 time signature for the final two measures.

D Major Scale

Heather Kaye

♩ = 80

The musical score is written in treble clef with a key signature of two sharps (F# and C#) and a 4/4 time signature. It consists of 14 staves of music. The first staff begins at measure 17 and ends with a double bar line and repeat dots. The second staff begins at measure 25. The third staff begins at measure 32. The fourth staff begins at measure 37. The fifth staff begins at measure 42. The sixth staff begins at measure 47. The seventh staff begins at measure 51. The eighth staff begins at measure 55. The ninth staff begins at measure 59. The tenth staff begins at measure 63. The eleventh staff begins at measure 67. The twelfth staff begins at measure 70. The thirteenth staff begins at measure 72. The score includes various musical notations such as whole notes, half notes, quarter notes, eighth notes, and sixteenth notes, along with rests and fingerings (0, 4). The piece concludes with a final double bar line and repeat dots.

Walking

Heather Kaye

♩ = 80

Musical score for 'Walking' in treble clef, key of D major (two sharps), and 4/4 time. The score consists of seven staves of music, numbered 10, 20, 30, 41, 50, 59, and 70. The music features a steady eighth-note rhythm with various fingerings (0, 4) and rests. It includes repeat signs and a final double bar line.

♩ = 80

Broken Thirds

Musical score for 'Broken Thirds' in treble clef, key of D major (two sharps), and 4/4 time. The score consists of six staves of music, numbered 26, 38, 51, 63, and 73. The music features a steady eighth-note rhythm with various fingerings (4) and rests. It includes repeat signs and a final double bar line.

Skipping

Heather Kaye

♩=80

7
13
18
23
29
34
40
47
53
59
64
69
72

Broken Third Challenge

Heather Kaye

♩ = 80

13
26
34
42
51
58
64
71
77
83
85
88
97

G Major Scale - Lower Octave

Heather Kaye

♩ = 80

The musical score consists of 16 staves of music in G major (one sharp) and 4/4 time. The tempo is marked as ♩ = 80. The score begins at measure 17 and ends at measure 82. The first staff (measures 17-24) features a sequence of chords: G2, A2, B2, C3, D3, E3, F#3, G3, A3, B3, C4, D4, E4, F#4, G4. The second staff (measures 25-31) contains eighth-note runs: G3-A3-B3-C4, D4-E4-F#4-G4, A4-B4-C5, D5-E5-F#5-G5. The third staff (measures 32-36) features a quarter-note run: G4-A4-B4-C5, D5-E5-F#5-G5. The fourth staff (measures 37-41) contains eighth-note runs: G4-A4-B4-C5, D5-E5-F#5-G5, A5-B5-C6, D6-E6-F#6-G6. The fifth staff (measures 42-46) features a quarter-note run: G4-A4-B4-C5, D5-E5-F#5-G5. The sixth staff (measures 47-54) contains eighth-note runs: G4-A4-B4-C5, D5-E5-F#5-G5, A5-B5-C6, D6-E6-F#6-G6. The seventh staff (measures 55-58) features a quarter-note run: G4-A4-B4-C5, D5-E5-F#5-G5. The eighth staff (measures 59-62) contains eighth-note runs: G4-A4-B4-C5, D5-E5-F#5-G5, A5-B5-C6, D6-E6-F#6-G6. The ninth staff (measures 63-66) features a quarter-note run: G4-A4-B4-C5, D5-E5-F#5-G5. The tenth staff (measures 67-70) contains eighth-note runs: G4-A4-B4-C5, D5-E5-F#5-G5, A5-B5-C6, D6-E6-F#6-G6. The eleventh staff (measures 71-74) features a quarter-note run: G4-A4-B4-C5, D5-E5-F#5-G5. The twelfth staff (measures 75-81) contains eighth-note runs: G4-A4-B4-C5, D5-E5-F#5-G5, A5-B5-C6, D6-E6-F#6-G6. The final staff (measures 82) features a quarter-note run: G4-A4-B4-C5, D5-E5-F#5-G5.

Walking

Heather Kaye

♩ = 80

Musical score for the piece "Walking". It consists of seven staves of music in G major (one sharp) and 4/4 time. The tempo is marked as quarter note = 80. The score begins at measure 10 and ends at measure 59. The music features a steady eighth-note accompaniment with various rhythmic patterns, including triplets and sixteenth-note runs. There are repeat signs and first/second endings throughout the piece.

Broken Thirds

♩ = 80

Musical score for the piece "Broken Thirds". It consists of six staves of music in G major (one sharp) and 4/4 time. The tempo is marked as quarter note = 80. The score begins at measure 26 and ends at measure 73. The music features a steady eighth-note accompaniment with various rhythmic patterns, including triplets and sixteenth-note runs. There are repeat signs and first/second endings throughout the piece.

Skipping

Heather Kaye

♩=80

7
13
18
23
29
34
40
47
53
59
64
69

Broken Third Challenge

Heather Kaye

♩ = 80

13
26
34
42
57
60
67
72
77
80
83
86
89
92

G Major Scale

Heather Kaye

♩ = 80

The musical score for the G Major Scale is presented in 4/4 time with a tempo of 80 beats per minute. It consists of 14 staves of music. The first staff (measures 1-16) features a series of whole notes, with a 4-measure rest in the 13th measure. The second staff (measures 17-24) uses quarter notes. The third staff (measures 25-31) uses quarter notes with a 4-measure rest in the 28th measure. The fourth staff (measures 32-36) uses quarter notes. The fifth staff (measures 37-41) uses quarter notes. The sixth staff (measures 42-46) uses quarter notes. The seventh staff (measures 47-50) uses quarter notes. The eighth staff (measures 51-54) uses quarter notes. The ninth staff (measures 55-58) uses quarter notes. The tenth staff (measures 59-62) uses eighth notes. The eleventh staff (measures 63-66) uses eighth notes. The twelfth staff (measures 67-69) uses eighth notes. The thirteenth staff (measures 70-71) uses eighth notes. The fourteenth staff (measures 72-74) uses eighth notes. The score includes various fingerings (e.g., 4, 1) and repeat signs.

Walking

Heather Kaye

♩ = 80

Musical score for the piece "Walking". It consists of seven staves of music in G major (one sharp) and 4/4 time. The tempo is marked as ♩ = 80. The score includes measure numbers 10, 20, 30, 41, 50, and 59. The music features a steady eighth-note pattern with various triplet markings (indicated by a '4' above the notes) and repeat signs.

Broken Thirds

♩ = 80

Musical score for the piece "Broken Thirds". It consists of five staves of music in G major (one sharp) and 4/4 time. The tempo is marked as ♩ = 80. The score includes measure numbers 26, 38, 51, 63, and 73. The music features a steady eighth-note pattern with various triplet markings (indicated by a '4' above the notes) and repeat signs.

Skipping

Heather Kaye

♩=80

7

13

18

23

29

34

40

47

53

59

64

69

72

Broken Third Challenge

Heather Kaye

♩ = 80

15
26
38
57
58
64
68
72
77
80
83
86
89
92

G Major Scale - Two Octaves

Heather Kaye

♩ = 120

The musical score is written for a single melodic line in G major, 4/4 time, with a tempo of 120 beats per minute. It consists of 14 staves of music. The first staff (measures 23-38) features a half-note scale starting on G4, moving up to G5, with a repeat sign at the end. The second staff (measures 39-51) features a half-note scale starting on G4, moving down to G3, with a repeat sign at the end. The third staff (measures 52-63) features a quarter-note scale starting on G4, moving up to G5. The fourth staff (measures 64-74) features a quarter-note scale starting on G4, moving down to G3. The fifth staff (measures 75-85) features eighth-note scales starting on G4, moving up and then down. The sixth staff (measures 86-96) features sixteenth-note scales starting on G4, moving up and then down. The seventh staff (measures 97-106) features eighth-note scales starting on G4, moving up and then down. The eighth staff (measures 107-116) features sixteenth-note scales starting on G4, moving up and then down. The ninth staff (measures 117-125) features eighth-note scales starting on G4, moving up and then down. The tenth staff (measures 126-132) features sixteenth-note scales starting on G4, moving up and then down. The eleventh staff (measures 133-135) features eighth-note scales starting on G4, moving up and then down. The twelfth staff (measures 136-140) features sixteenth-note scales starting on G4, moving up and then down. The final staff (measures 141-144) features eighth-note scales starting on G4, moving up and then down, ending with a whole note G5.

Walking

Heather Kaye

♩ = 80

The musical score is written for violin in G major (one sharp) and 4/4 time. It consists of 16 staves of music, with measure numbers 17, 20, 29, 39, 49, 59, 69, 79, 89, 99, 109, 119, 129, 139, and 149 indicated at the beginning of their respective staves. The piece begins with a repeat sign and a 4/4 time signature. The music is characterized by a steady, rhythmic walking pattern, primarily using eighth and sixteenth notes. Numerous fingering numbers (1-4) are placed above the notes to guide the performer. There are also several instances of slurs and accents. The score includes several repeat signs and a double bar line with repeat dots at the end of the piece. The final measure of the piece ends with a whole note chord consisting of G4, B4, and D5.

Broken Thirds

Heather Kaye

♩ = 80

21
41
60
75
89
103
118
133
148
157
166
175
184

Skipping

Heather Kaye

♩=80

11
21
37
47
57
67
77
82
94
105
116
127
136

145
156
167
178
190
201
212
223
234
245
256
267
278
289

This page contains a musical score for violin, starting at measure 145 and ending at measure 290. The music is written in treble clef with a key signature of one sharp (F#). The score consists of 14 staves of music. Each staff begins with a measure number. The music features a complex rhythmic pattern, primarily consisting of eighth and sixteenth notes, often grouped in fours (quads) as indicated by the number '4' above the notes. There are several repeat signs (double bar lines with dots) throughout the piece, including a double bar line with a repeat sign at the end of measure 290. The final measure (290) ends with a double bar line and a fermata over the final note.

Broken Third Challenge

Heather Kaye

♩ = 80

The musical score is written for violin in G major (one sharp) and 4/4 time. It consists of 15 staves of music. The piece begins with a key signature of one sharp (F#) and a time signature of 4/4. The tempo is marked as ♩ = 80. The score includes various rhythmic patterns, including eighth and sixteenth notes, and several triplet markings (indicated by a '4' above the notes). The piece concludes with a double bar line and repeat dots. Measure numbers are provided at the beginning of each staff: 15, 27, 47, 53, 62, 72, 83, 94, 104, 113, 122, 130, 135, and 140.

Musical score for violin, measures 145-190. The score is written in treble clef with a key signature of one sharp (F#). It features a continuous melodic line with frequent sixteenth-note runs and several measures containing four-measure rests, indicated by the number '4' above the staff. The piece concludes with a double bar line and repeat dots at the end of measure 190.

study group



website



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